

METROPOLITAN METHODIST HOSPITAL

"Serving Humanity to Honor God"

www.SAHealth.com



Located near downtown San Antonio, Metropolitan Methodist Hospital is a 330-bed hospital providing a complete range of health care services in San Antonio and to the many neighborhoods and businesses that border its centralized location. Easy freeway access makes Metropolitan Methodist Hospital convenient for patients, visitors and physicians to access from all parts of the city. In 2005, Metropolitan Methodist Hospital opened the new Metropolitan Methodist Hospital Women's Pavilion, the only facility in downtown San Antonio completely dedicated to the health of women and their newborn babies. Metropolitan Methodist Hospital offers outstanding cardiac care, general and surgical care, neurosurgery, inpatient and outpatient rehabilitation services, sleep disorder evaluation and the largest emergency department in downtown San Antonio. Metropolitan Methodist Hospital is accredited by the Joint Commission in stroke care and is designated as an accredited Chest Pain Center.

Fast Facts

- Built in 1973 by H.B. Zachry, Metropolitan General Hospital, as it was first known, was the first hospital in the country built using modular architectural design techniques similar to those used in building the historical Hilton Palacio del Rio Hotel along the San Antonio Riverwalk. In 1995, Metropolitan Hospital became part of the Methodist Healthcare System.
- Metropolitan Methodist Hospital* welcomes nearly 4,000 newborns into the world each year. The Women's Pavilion offers women and their families comfortable and spacious labor, delivery and recovery rooms. The Pavilion features seven antepartum beds for pregnant women experiencing complications before their due date, 16 labor and delivery suites, 35 postpartum private rooms for mothers recovering after childbirth and 16 newborn intensive care beds for babies born prematurely or who need special medical attention right after birth. For those mothers who wish to upgrade to larger, private rooms, four special suites are available on a first-come, first-served basis for an additional fee. Visit www.MetroSpecialDeliverySA.com to learn more.
- Metropolitan Methodist Hospital offers patients the daVinci® Surgical System option for surgical procedures. It allows surgeons to perform major surgeries by making only small incisions and inserting robotic arms into the incisions. The magnified, 3-D view the surgeon experiences enables him or her to perform precise surgery in complex procedures including prostate, open heart and urological, as well as other procedures. The advantage for the patient is less pain, faster healing and a reduced chance of infection at the site of incision.
- Four Methodist Family Health Centers are conveniently located throughout San Antonio to better facilitate health care access for people living in underserved areas. The centers offer free pregnancy testing with immediate results, prenatal services, free physician referrals, information on free transportation to doctors' appointments on the Methodist HealthBus Service and assistance in applying for Medicaid and the Children's Health Insurance Program. Learn more at www.SAFreePregnancyTest.com.
- Metropolitan Methodist Hospital Emergency Department features a family-friendly environment with 24 individual treatment rooms to enhance privacy, each with cable TV. Our Fast Track area provides services to those experiencing medical problems such as coughs, colds, sprains and cuts needing stitches. All emergency department physicians are bilingual.

*A Campus of Methodist Hospital

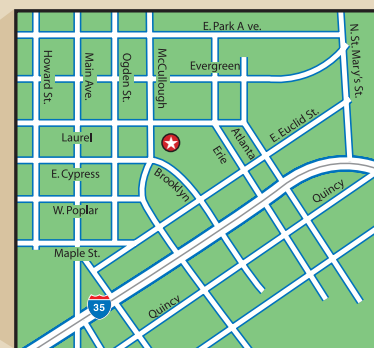
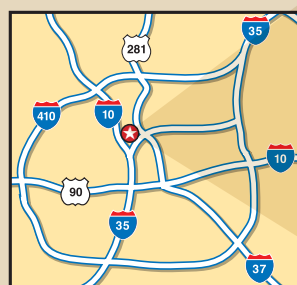


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- The Health for Life Center at Metropolitan Methodist Hospital* offers bariatric services for weight loss surgery that feature a special amenities unit for post-surgical patients. Free weight loss seminars and information are offered on a routine basis. Visit www.HealthforLifeCenter.com to learn more about weight loss surgery at the Health for Life Center or to register for a free seminar.
- Metropolitan Methodist Hospital's orthopedic department has invested in the CiTM System, which uses computer navigation to guide surgeons in real time through a three-dimensional view of the patient's knee joint. The orthopedic team has become one of San Antonio's leading providers of knee replacements using this minimally-invasive, computer-assisted surgery technology.
- The Rehabilitation Center offers both inpatient and outpatient therapy that help patients maximize their capabilities after experiencing a stroke, hip fracture, brain injury, amputation or other health situations. A fully-equipped rehabilitation gym and garden area focus on helping patients return to the most meaningful and productive life possible.
- The Sleep Evaluation Center conducts a variety of diagnostic tests using the latest medical technology to assist physicians in the evaluation and treatment of patients with sleep disorders including sleep apnea, insomnia, narcolepsy and sleepwalking.
- Methodist Heart Services at Metropolitan Methodist Hospital feature a full range of cardiovascular treatments. Every step of the way, Metropolitan Methodist Hospital offers a top-notch team of professionals to care for you and your heart from the emergency department, testing and diagnosis, cardiac catheterization, the latest open-heart surgery techniques, intensive care and telemetry through rehabilitation.
- The Department of Psychiatry Clinical Liaison-Consultation Team provides psychiatric evaluation, triage and counseling for families of critically ill and chronically ill patients. Our Psychiatric Assessment Team is available in the emergency department 24 hours a day, seven days a week to assist the emergency department physician in evaluating behavioral health emergencies and recommending treatment options.
- Metropolitan Methodist Hospital Cancer Services include physicians working alongside nurses, caseworkers and chaplains to help patients and their families cope during the process of diagnosis and treatment. A highly-skilled staff provides compassionate care for cancer patients undergoing surgery and chemotherapy treatments. Inpatients receive a complimentary guidebook to help them find the resources they may need from proper nutrition to advice on how to talk to their family and employer about cancer. They also receive a journal to record treatments, medications, fatigue level and pain.
- We know transportation can sometimes be the biggest barrier for someone in need of health care. That's why Methodist Healthcare offers free rides to residents living in certain areas of San Antonio. Service is provided to Metropolitan Methodist Hospital, any of its facilities and to any doctors on the Methodist Healthcare staff. HealthBus is wheelchair accessible and serves residents in the following zip codes: 78201, 78202, 78203, 78204, 78205, 78207, 78208, 78209, 78210, 78212, 78215, 78225, 78226, 78234, 78237 and parts of 78213, 78216, 78218, 78219, 78220, 78222 and 78223. For more information on HealthBus, call 210-MHS-RIDE (647-7433). Spanish-speaking operators and drivers are available.



**Metropolitan Methodist Hospital
Health for Life Center at Metropolitan
Methodist Hospital**

1310 McCullough Avenue
San Antonio, Texas 78212
210-757-2200
www.SAHealth.com



Primary Stroke Center Certification



Accredited Health Care Institute of Mexico



Accredited Chest Pain Center