

# METHODIST HOSPITAL

*"Serving Humanity to Honor God"*

[www.SAHealth.com](http://www.SAHealth.com)



**C**hartered in 1955, Methodist Hospital is the pioneer facility of the now world-renowned South Texas Medical Center. Opened in 1963, Methodist Hospital has grown to be the flagship facility of the Methodist Healthcare System, San Antonio's largest and most preferred health care provider. Methodist Hospital maintains this excellent reputation with a commitment to the hospital's value statement that defines quality as meeting the customer's needs by exceeding their expectations. Methodist Hospital offers a broad range of specialties including cardiology, oncology, emergency medicine, neurosciences, maternity care, gynecology and orthopedics. Methodist Hospital is accredited by the Joint Commission in stroke care and is designated as an accredited Chest Pain Center.

## Fast Facts

- A groundbreaking ceremony was held in 1960 that included a mock nuclear explosion marking the beginning of construction of the world's first "nuclear disaster proof" hospital. Methodist Hospital has many other "firsts" in its nearly 50-year history, including being the birthplace of the first baby born in South Texas that was created through in-vitro fertilization, first South Texas hospital to install a magnetic resonance imaging (MRI) machine.
- The Women's Pavilion at Methodist Hospital takes a family-centered approach to maternity care with a comprehensive range of obstetrical and gynecological services. The Women's Pavilion welcomes more than 5,000 newborns a year. The unit features 24 labor/delivery/recovery rooms, including deluxe private suites with sitting areas for family members. At Methodist Hospital, all obstetrical nurses are specially trained in fetal heart monitoring to help them quickly identify and respond to signs of fetal distress. A 78-bed newborn intensive care unit has board-certified, on-site intensive care physicians. Learn more at [www.SAWomensHealth.com](http://www.SAWomensHealth.com).
- Methodist Hospital performs more back and neck (neurology-related) operations each year than any other hospital in Texas. The Texas Neurosciences Institute\* at Methodist Hospital combines physician experience and expertise with a wide variety of resources, specialized personnel and advanced equipment. Texas Neurosciences Institute physicians offer a comprehensive program to patients with brain and spinal cord illnesses and injuries. Connected to Methodist Hospital via a covered walkway, this six-story facility includes physician offices, an imaging and diagnostic center, research library, rehabilitation and other health care services. Visit [www.TexasNeurosciences.com](http://www.TexasNeurosciences.com) to learn more.
- Since 1981, thousands diagnosed with cancer have relied upon the hope, teamwork and advanced technology provided by The South Texas Cancer Institute. The program represents a multidisciplinary approach to treatment options at Methodist Hospital but also focuses on the emotional, social and spiritual well being of cancer patients while providing comprehensive diagnostic and therapeutic services to meet their medical needs. The Hematology/Oncology/Transplant Clinic allows patients undergoing chemotherapy treatment to remain out of the hospital as much as possible. The South Texas Cancer Institute offers a "V.I.P." hospital protocol for its Very Immuno-compromised Patients who may require emergency care while undergoing chemotherapy treatment.



- The Adult Blood and Marrow Transplant Unit opened at Methodist Hospital in 1990. Since then, it has led the way in performing and advancing bone marrow stem cell transplants in South and Central Texas. The program was certified by the National Marrow Donor Program (NMDP) as a Regional Bone Marrow Collection Center in 1992 and an NMDP Transplant Center in 1996. It was the first program in North America accredited by the Foundation for the Accreditation of Cell Therapy. In 1999, the program became part of the Texas Transplant Institute. Learn more at [www.TexasTransplant.org](http://www.TexasTransplant.org).
- Methodist Hospital offers many advanced medical imaging technologies that provide clear and precise images for physicians to use in their diagnosis and treatment of their patients' diseases. These tools include magnetic resonance imaging (MRI), 3T magnetic resonance imaging, computerized tomography (CT), cerebral angiography, nuclear medicine and picture archiving and communications system (PACS). PACS captures images through the computer instead of film. As a result, physicians view images in their office or home computers providing faster and more convenient access to their patients' medical imaging results.
- The Gamma Knife® Center at Methodist Hospital\* is among the most advanced technology available to treat tumors. In 2010 the center was completely renovated and the newest Gamma Knife® device, the Perfexion™, was installed. The technology is complex, the results – astonishing. The newest, most advanced version of the Gamma Knife, makes the term “inoperable” obsolete. After locating tumors, specially trained surgeons focus beams of radiation from the Gamma Knife® directly to the affected area,

leaving surrounding tissue untouched – without surgery and without a scalpel. Patients are able to return home the same day and resume their normal activities within days. Learn more at [www.GammaKnifeSanAntonio.com](http://www.GammaKnifeSanAntonio.com).

- The Methodist Wound Care Center\* features San Antonio's largest hyperbaric chamber. Beginning in 1979, Methodist Hospital was the first civilian hospital to offer the technology at Methodist Plaza. This therapy has been proven to speed the healing process for hard-to-heal wounds, such as those caused by diabetes, poor circulation, burns and infections. The chambers are also used to treat victims of undersea diving accidents and carbon monoxide poisoning. The center was founded by Jefferson C. Davis, M.D., who pioneered research in hyperbaric medicine while serving in the U.S. Air Force. Dr. Davis is known in the medical community as the “father of hyperbaric medicine.”
- Along with your physician, the Palliative Care Team at Methodist Hospital provides comfort and support to individuals and families facing a serious illness or severe chronic pain. This specially-trained team of professionals includes physicians, nurses, social workers and chaplains providing comfort and resources to the patient and family.
- Special Amenity Suites at Methodist Hospital are available on the tenth floor of Methodist Hospital. Known as “10 South,” these two-room/two-bath suites offer a wide range of exclusive amenities

including an elegant reception/conference area, private dining with a gourmet menu, a business center and access to the Chapel in the Sky. Another special amenities suite, located on “5-North,” is available for patients undergoing gastric bypass surgery or other major surgeries. The suite includes a separate sitting area and bathroom to accommodate an overnight guest.

- Before Methodist Hospital opened in 1963, the Blue Bird Auxiliary became a chartered organization in 1960 and began working to make the dream of having a Methodist Hospital a reality for San Antonio. Over the past 50 years, the Blue Birds have collectively given 5 million volunteer hours (about 125,000 a year) to the patients and staff at Methodist Hospital and donated more than \$4.5 million to the hospital for equipment and programs. The Blue Birds operate the Methodist Hospital gift shop and a beauty salon. The proceeds go toward college scholarships and grants to community organizations.



**Methodist Hospital**  
**The Gamma Knife® Center**  
**at Methodist Hospital**  
 7700 Floyd Curl Drive  
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 210-575-4000  
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Primary Stroke Center Certification



Accredited Health Care Institute of Mexico



Accredited Chest Pain Center

\*A Department of Methodist Hospital